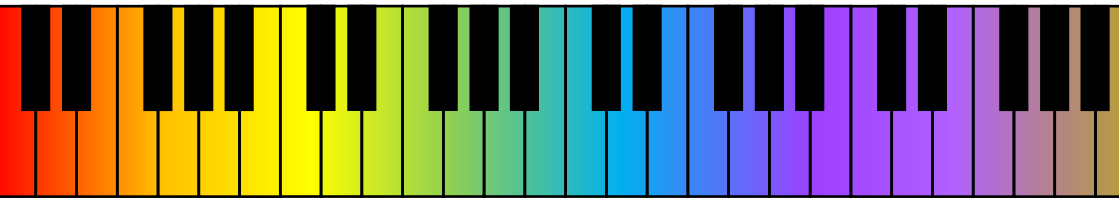
NMPAT

Northamptonshire Music and Performing Arts Trust

Rainbow Award Scheme





Piano and Keyboard

Quick checks*:*

- ☐ I have brought my music to every lesson this term
- ☐ I have brought my practice diary to every lesson this term
- ☐ I have practised at least once every week this term

Student name: _____

School: _____

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Welcome to the NMPAT Rainbow Award

This Award is designed to provide the student with a clear progression route from beginner up to the first graded exam.

On the journey through the rainbow colours to the pot of gold, each colour level will be awarded by the teacher when they are satisfied that a student has achieved the required level.

To move up a colour / level the student will need to have:

- completed 8 of the tasks / statements, which will be verified by their teacher.
- A minimum of 6 new criteria must be completed to move up a level
- A maximum of 2 criteria can be repeated from an earlier level

The 8 tasks should be spread as evenly as possible across the 6 sub headings.

1. Listening and internalising
2. Creating musical ideas
3. Developing technique
4. Playing music
5. Sight reading
6. Theory and notation

Listening and internalising

Your teacher will initial the boxes on the right when you complete each task.

1.Tap the pulse of a piece of music			
2. Copy / echo a rhythm			
3. Recognise higher and lower pitch			
4. Recognise loud and quiet dynamics			
5. Play in time with someone else			
6. Recognise 2nds and 3rds by ear			
7. Recognise 5ths by ear			
8. Copy a pattern using 2 black keys			
9. Copy a pattern using 3 black keys			
10. Copy a pattern using C D E			
11. Clap on the first beat of the bar			
12. Tell if the piece has 2 or 3 beats			

Creating musical ideas

Your teacher will initial the boxes on the right when you complete each task.

1. Improvise a tune using the black keys			
2. Improvise a tune using the pentatonic scale			
3. Clap a pattern for someone else to copy			
4. Improvise an answering phrase			
5. Improvise a phrase in a different style / mood			
6. Play a tune in different octaves			
7. Compose a short tune in the right hand			
8. Add a left hand accompaniment to a tune			
9. Transpose a tune to a different key/position			
10. Choose an appropriate style / rhythm (Kybd)			
11. Choose an appropriate voice / tone (Kybd)			
12. Improvise a tune over the chords of C and G			

Developing technique

Your teacher will initial the boxes on the right when you complete each task.

1.Use the correct hand position			
2. Know the finger numbers			
3. Sit with the correct posture			
4. Play with each hand			
5. Play with both hands together			
6. Play using all 5 fingers on each hand			
7. Play a pentatonic scale in each hand			
8. Play an octave scale with each hand			
9. Play a two octave scale in each hand			
10. Play a minor scale			
11. Play 4 scales from memory			
12. Play a chord			
13. Move between 2 different chords			
14. Play legato and staccato			
15. Play forte and piano			
16. Use Crescendo and diminuendo			
17. Play in 2 different positions			
18. Change positions within a piece			
19. Play a tune using a different tempo			

Playing and appreciating music

Your teacher will initial the boxes on the right when you complete each task.

1. Play a piece fluently			
2. Perform a piece to someone else			
3. Play a piece from memory			
4. Play my instrument at home			
5. Play at a NMPAT performance evening			
6. Record myself playing			
7. Been to a concert			
8. Listen to and comment on a performance			

Sight reading

1.Read / clap a pattern using crotchets / minims			
2. Read / clap a pattern which includes quavers			
3. Read and play a pattern using one pitch			
4. Read and play a pattern using 2nds / steps			
5. Read and play a pattern using 3rds / skips			
6. Read and play a pattern using each hand			
7. Read and play a pattern using 2 hands			
8. Follow the music as someone else plays			
9. Spot a change as someone else plays			
10. Read and play a 4 bar phrase fluently			

Theory and notation

Your teacher will initial the boxes on the right
when you have completed each task.

1.Find all the C's D's E's on the keyboard			
2. Name and find all the keys on the keyboard			
3. Describe the stave			
4. Recognise high and low pitches on the stave			
5. Name and draw 3 notes on the stave			
6. Recite / use the note rhymes to identify pitches			
7. Name at least 10 notes on the stave			
8. Name the notes on the stave easily			
9. Recognise and draw crotchets and minims			
10. Recognise and draw quavers and semibreves			
11. Identify sharps, flats and naturals in a piece			
12. Identify and explain dynamic markings in a piece			
13. Identify and explain Tempo markings in a piece			

Rainbow Award Progression Chart

Red



Date:

Teacher initial:

Orange



Date:

Teacher initial:

Yellow

Date:

Teacher initial:

Green



Date:

Teacher initial:

Blue



Date:

Teacher initial:

Indigo



Date:

Teacher initial:

Violet



Date:

Teacher initial:

Gold



Date:

Teacher initial:

Well done - you did it! ☺

Now you're ready to start work on your first exam - your teacher will let you know if you need to buy any new books to prepare.