NMPAT

Inspire • Nurture • Excel

Strings Express

Cello



Your Name .....

NMPAT

Inspire • Nurture • Excel

Welcome to the Strings Team!

Here's what you need to do to be BRILLIANT...

focus



To **'focus'** means you are choosing to pay attention to what is going on around you by listening and watching your teacher, and modelling good behaviour to others.

To be present at all times!

enthusiasm



'Enthusiasm' is an infectious quality! You are being enthusiastic when you show an active interest in what you are doing, helping others to enjoy the experience too.

Look for the positive in every situation!

perseverance



You show **'perseverance'** when you keep going until you've got the job done, even if it is challenging and hard work to do.

Keep going even when the going gets tough!

nurture



To **'nurture'** is to look after people and things to make sure they are safe and happy.

It is important to look after yourself as well as others.

Show care and attention to others.

excel

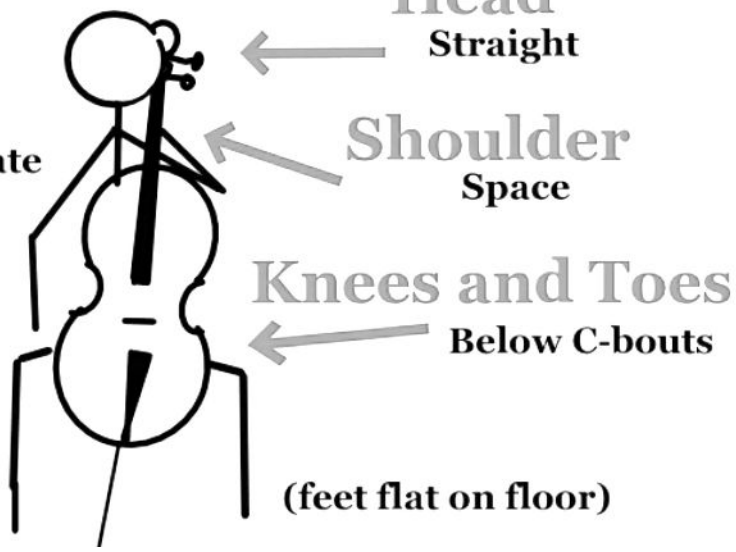


No one can do better than their personal best! If you are trying your hardest, and doing your best then you are a success.

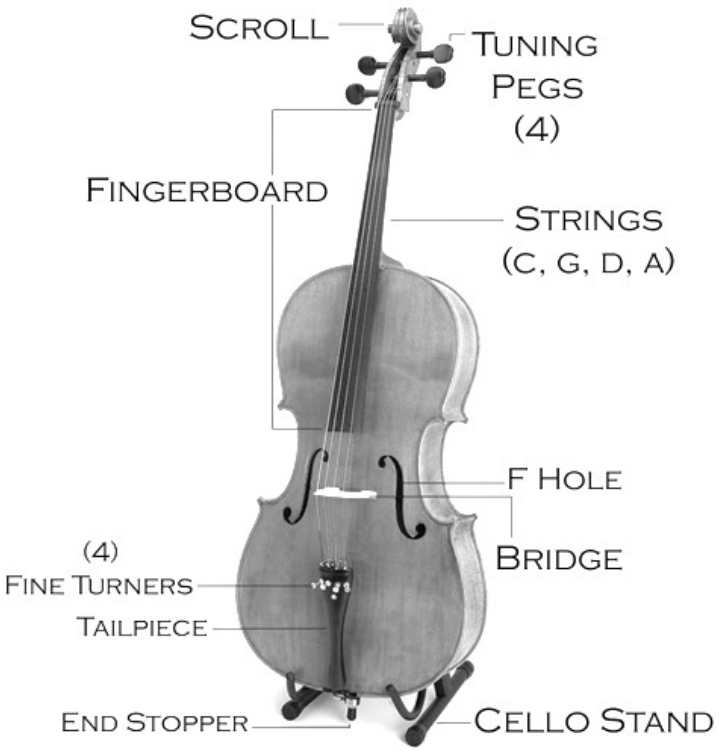
Make sure you **excel** at being you!

Try your hardest, do your best

Sitting with your cello
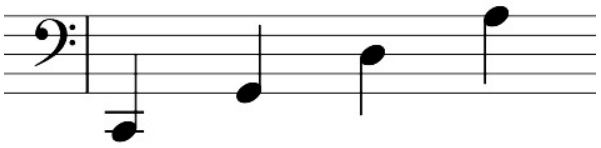


Adjust your endpin height and placement to accomodate these three points



Parts of the cello and bow



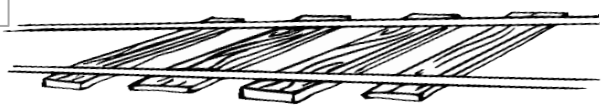
Notes on our open strings



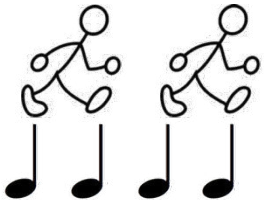
C G D A

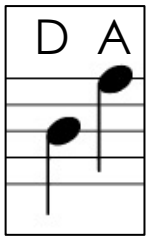
- ❑ Things to bring to your lesson
- ❑ Your instrument!
- ❑ Your music book, practice diary and a pencil

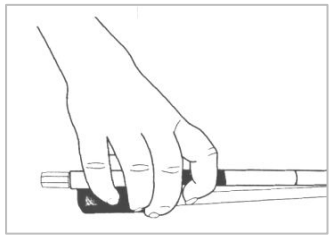
Off we go – time to get playing!



Learning to walk



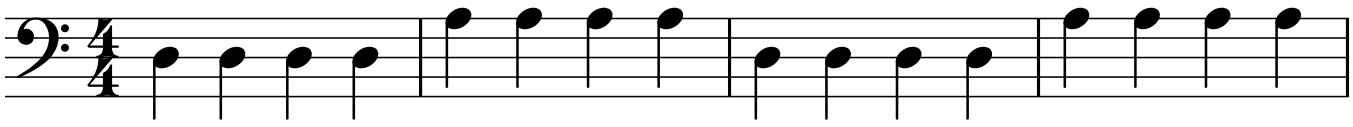




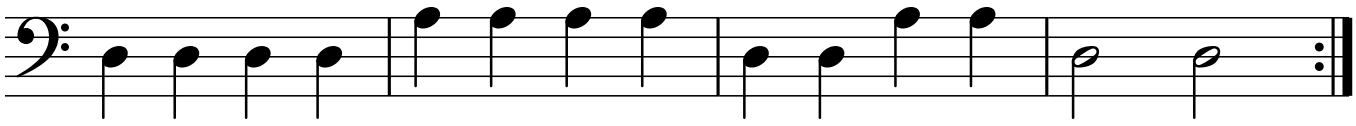
Notes you will need

This is a **crotchet** it lasts for **one beat**, say 'walk'

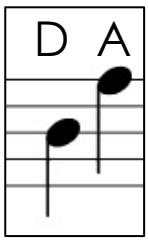
Open String Boogie

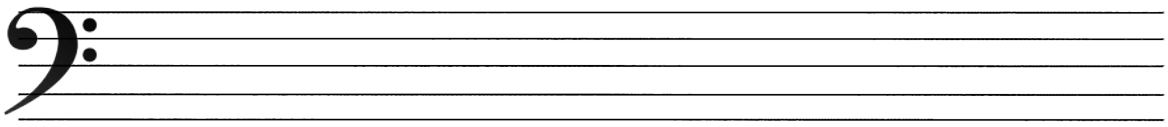


5

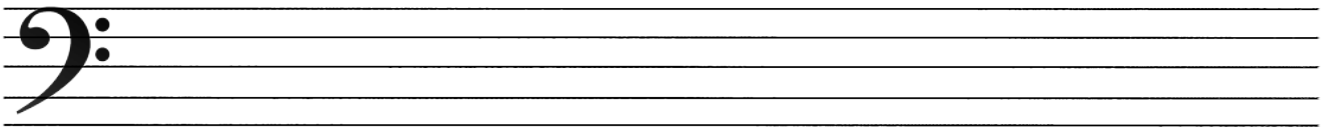


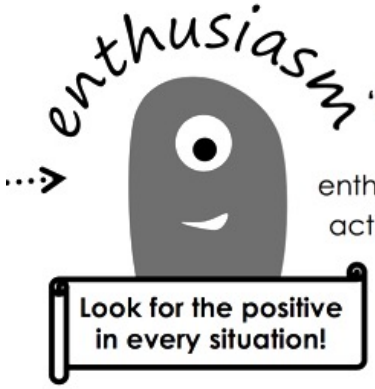
Can you write some D's and A's?





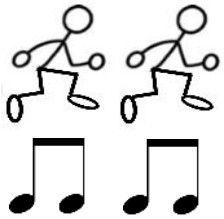
Now can you make up your own Boogie on D and A?

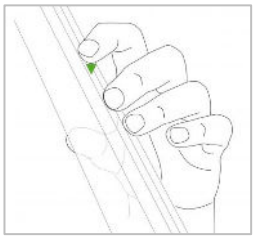


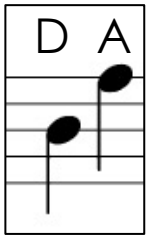


'Enthusiasm' is an infectious quality! You are being enthusiastic when you show an active interest in what you are doing, helping others to enjoy the experience too.

Now let's go running...

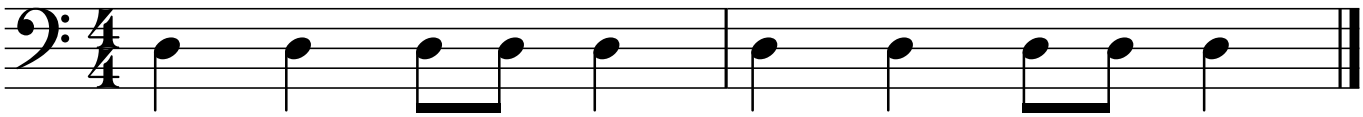




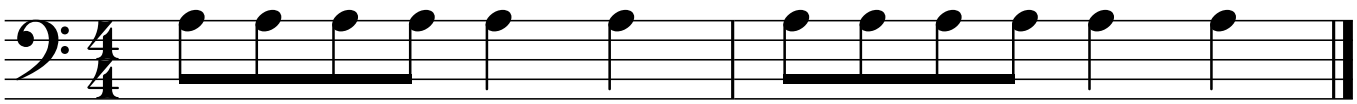


Notes you will need
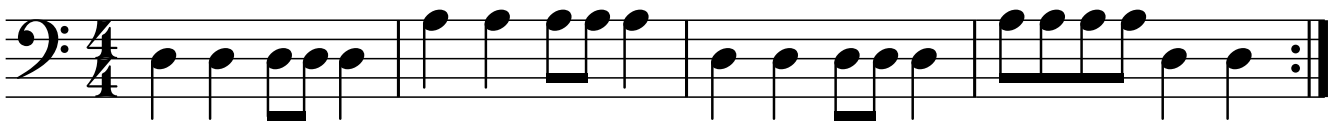
Try this tune on your D string



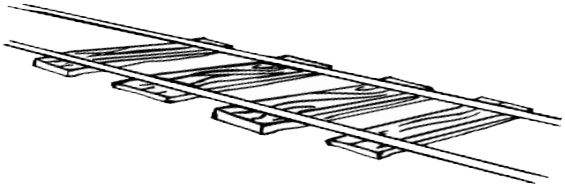
Try this tune on your A string



Bow Down Belinda

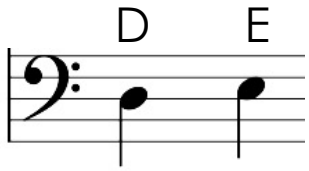


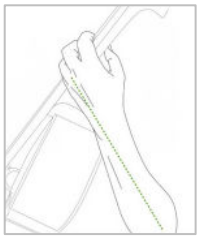
Time to go. Next stop meeting Finger E
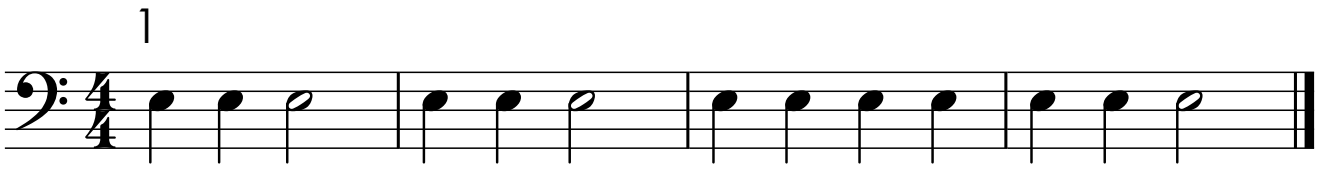


Meet Finger E

Note Bank
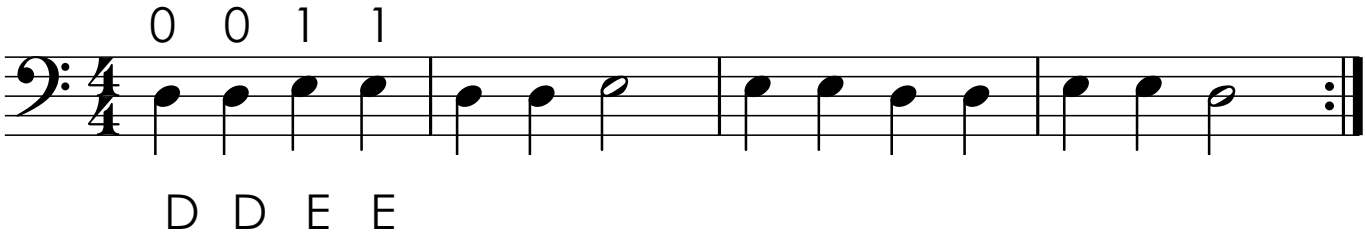




Lots of E's



Up 'n' Down



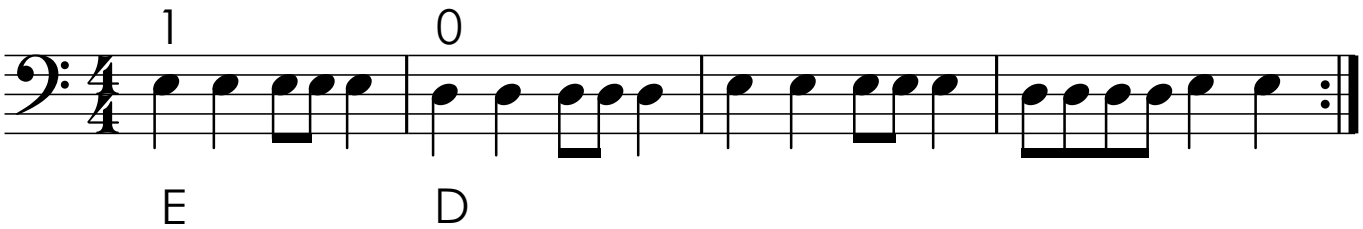


This is a **crotchet** it lasts for **one beat,** say 'walk'



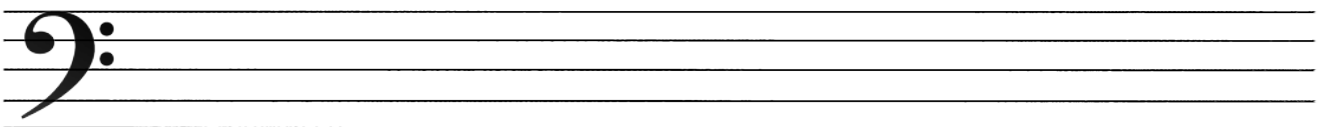
This is **two quavers** they last for **one beat,** say 'running'

Drunken Sailor



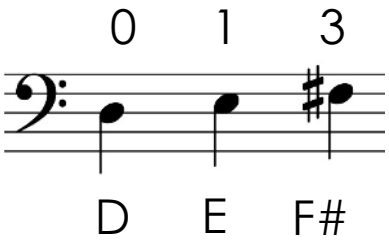


Can you write a tune of your own using crotchets and quavers?
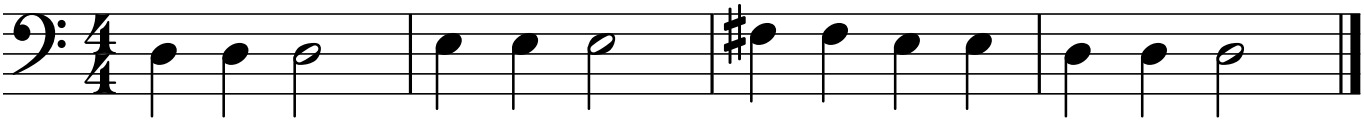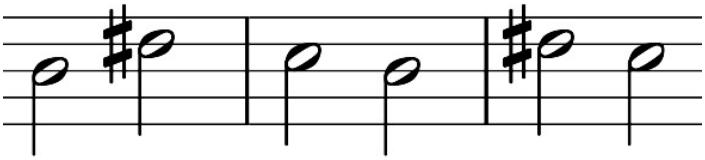


Meet Finger F#

Note Bank



Footprints
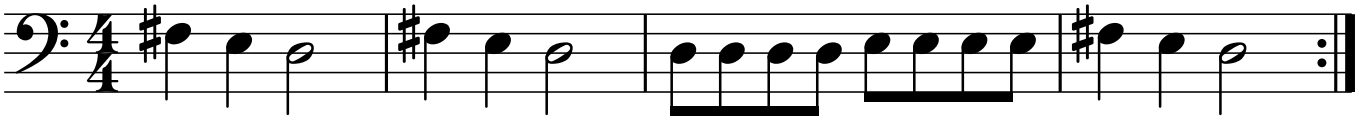




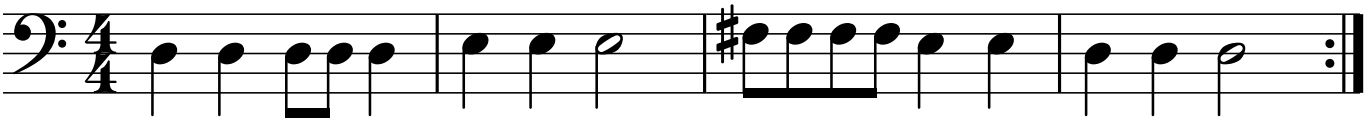
Can you name these notes?
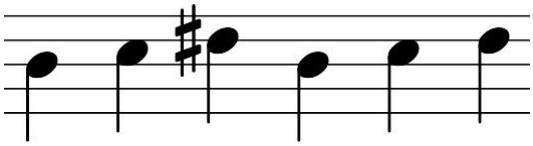
… … … … … …

Hot Cross Buns



Spring Song

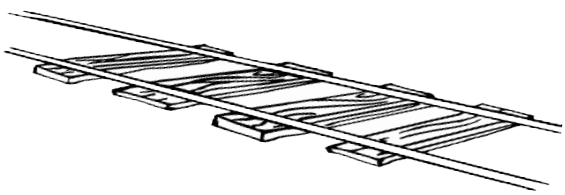


Can you name these notes?



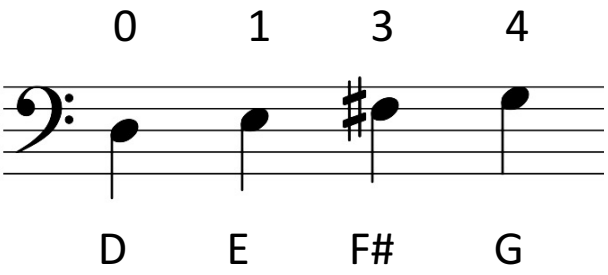
… … … … … …

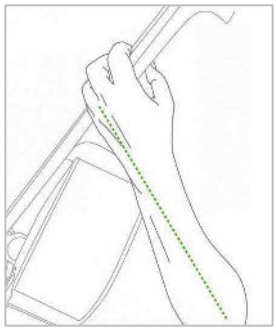
Time to go – Next stop meeting finger G!



Meet Finger G
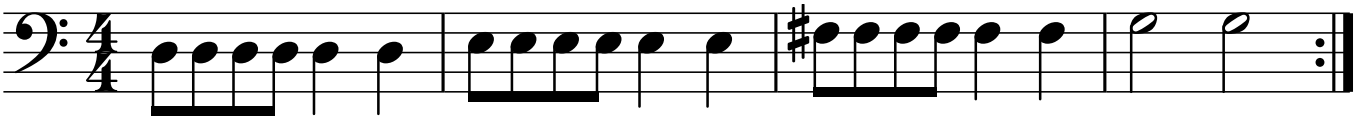
Note Bank
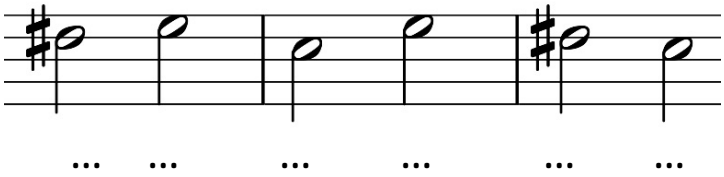




How's your left hand shape?
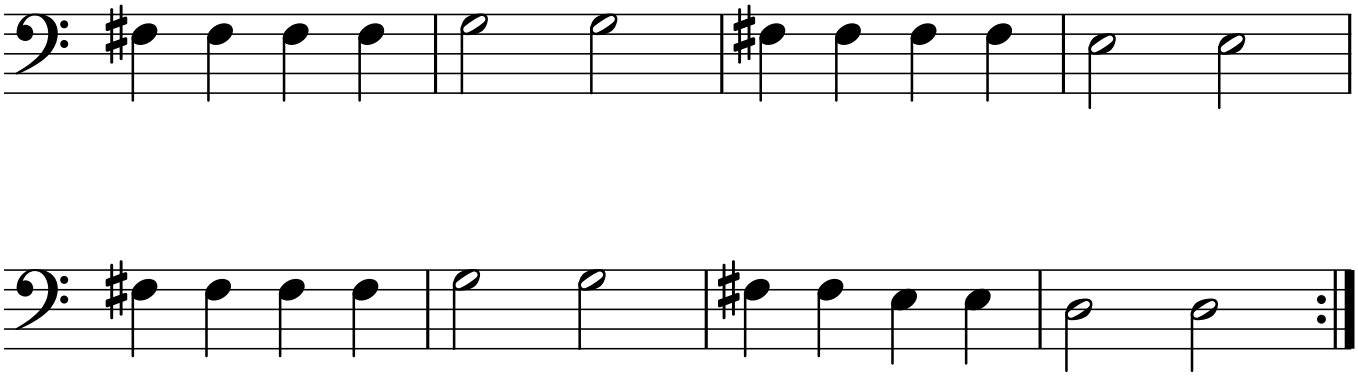
Stepping Up

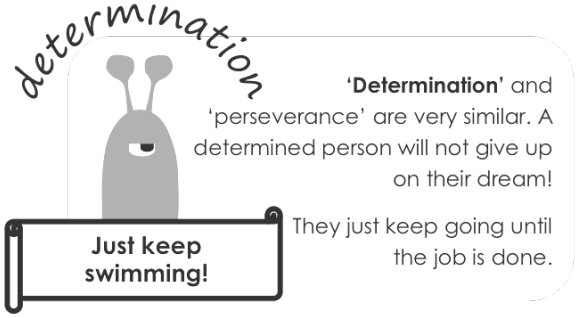




Can you name these notes?

Hoe Down

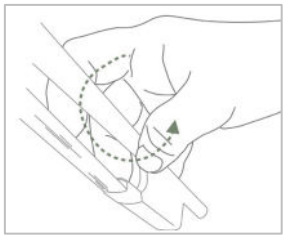


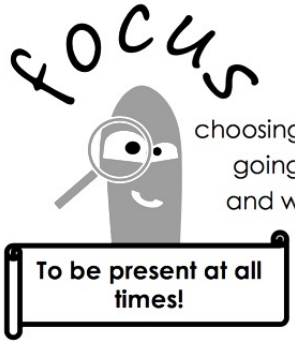


'Determination' and 'perseverance' are very similar. A determined person will not give up on their dream!

They just keep going until the job is done.
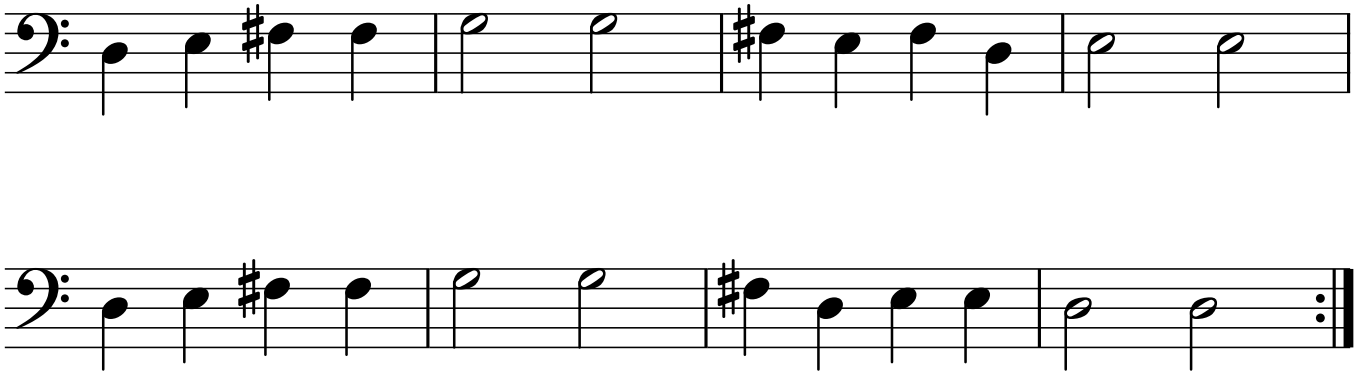
How's your bow hold?
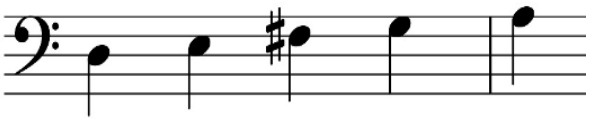




To **'focus'** means you are choosing to pay attention to what is going on around you by listening and watching your teacher, and modelling good behaviour to others.

Tudor Dance



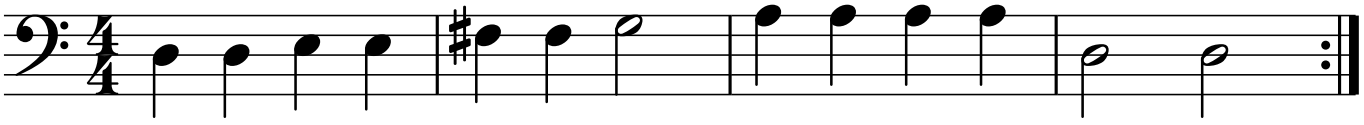
Note Bank

0 1 3 4 0

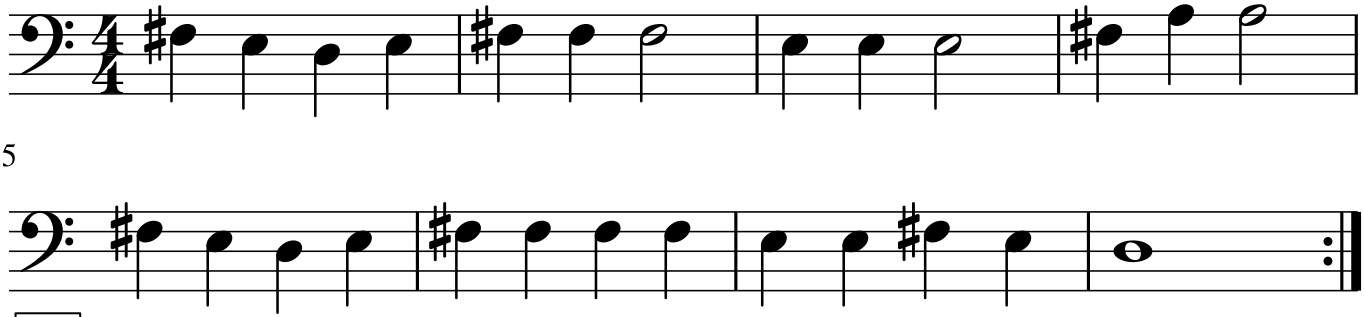


D E F# G A

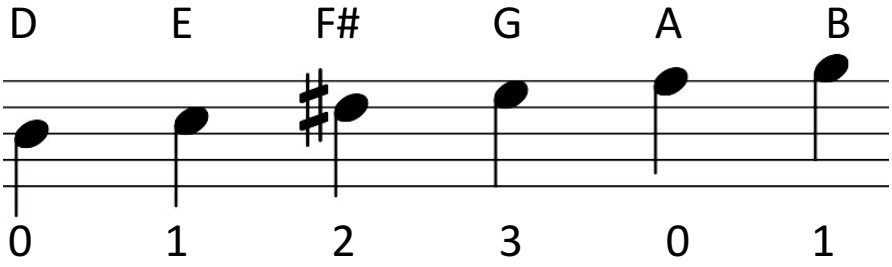
Climbing High

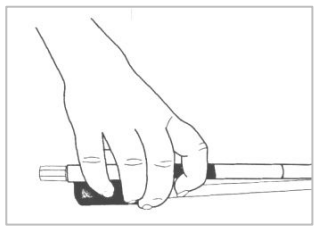


Mary had a Little Lamb
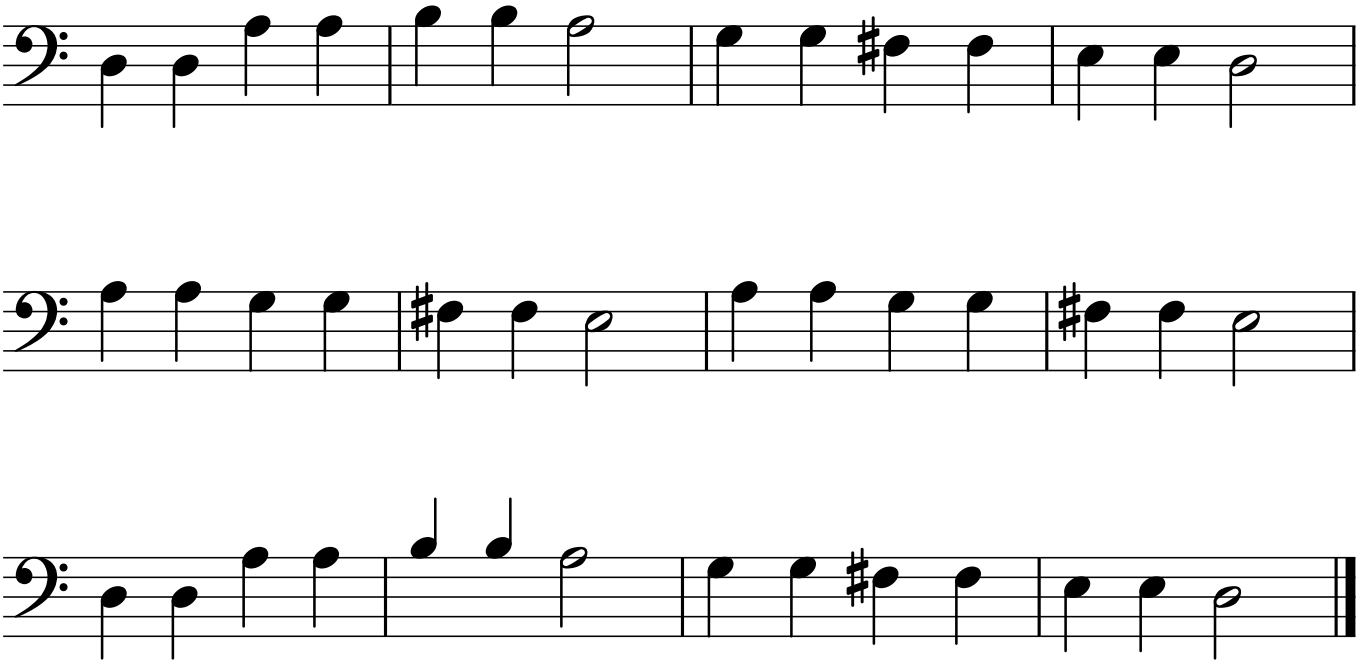


Note Bank



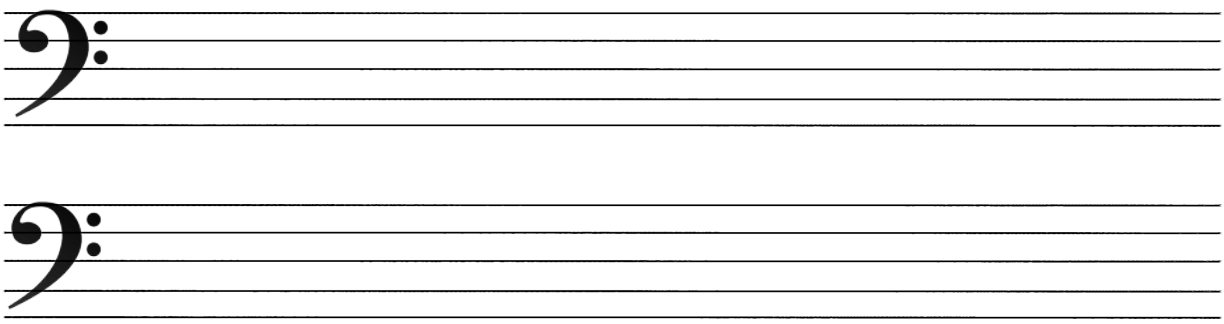


Twinkle ☆
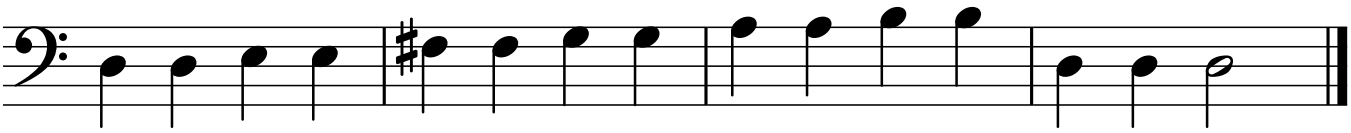


Can you make up a tune using all the notes you know?

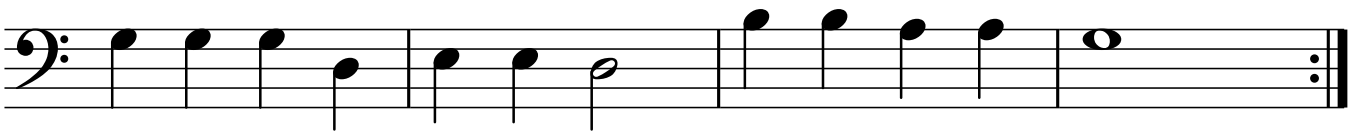
Name of my tune ……..…

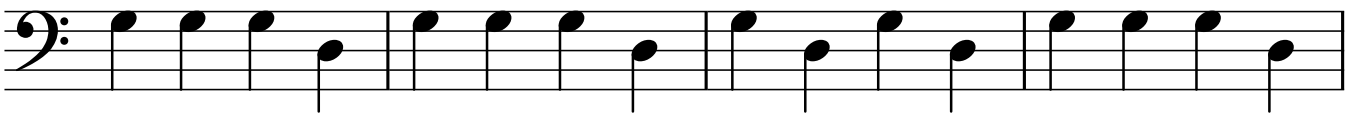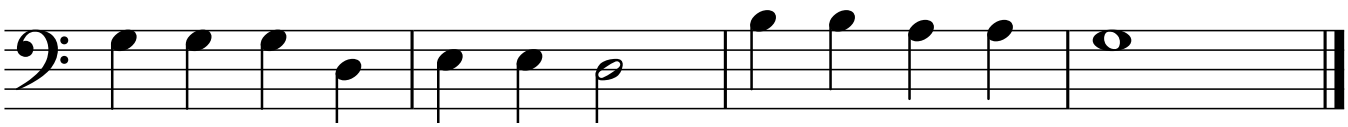


All the notes so far
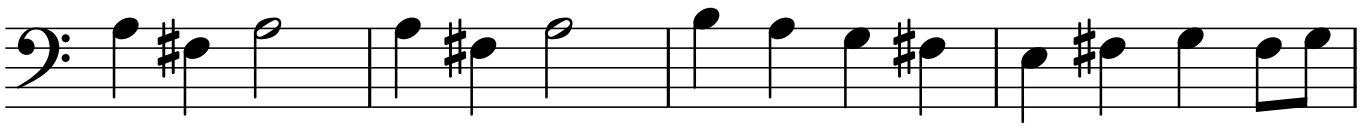


Old MacDonald had a Farm
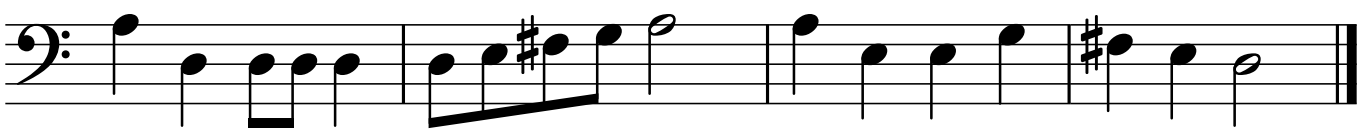






This Old Man







You show **'perseverance'** when you keep going until you've got the job done, even if it is challenging and hard work to do.

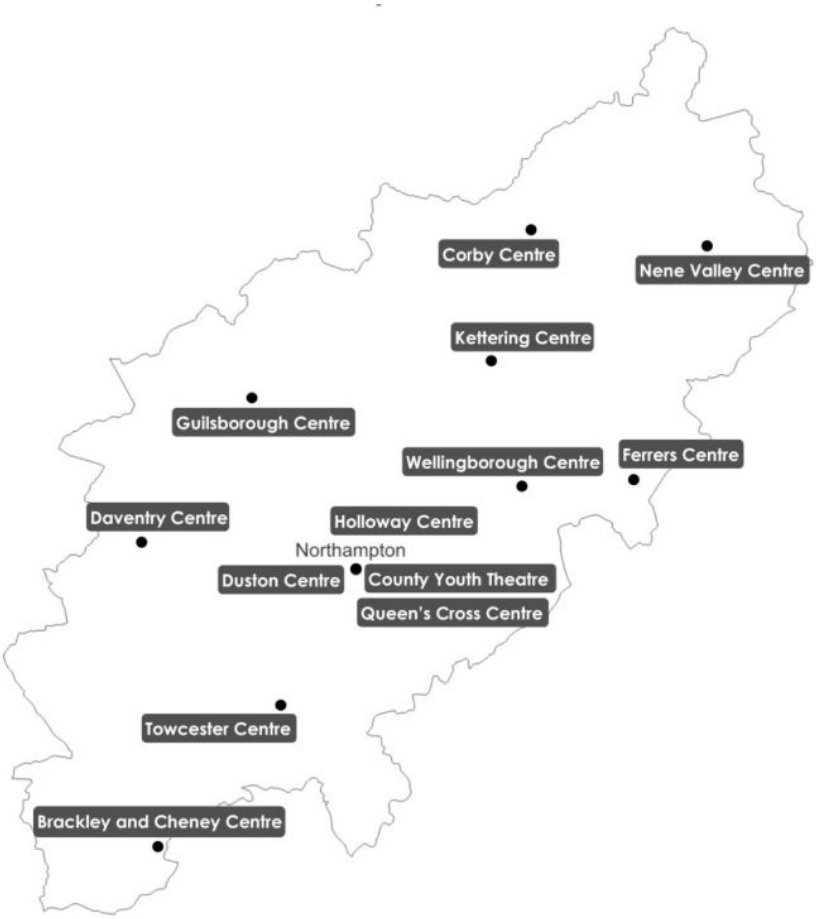
Well Done!
You have completed your first cello book !!
☺ ☺ ☺

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