NMPositiviT

connect ❁ listen ❁ create ❁ perform ❁ grow

Let's create!



With the permission of the adults at home…!

Take a chopstick, or a plastic pen and gently tap your cups, mugs, bowls, jars, metal lamp shades, to see what sound they make.

Try and get three different pitches, high, medium and low, and then see if you can play (and sing) this…

"Merrily we roll along, singing this, little song, you have played it really well, have a cup of tea!"

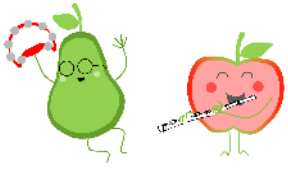
Now try getting other members of your household involved by adding some kitchen percussion…

★ Grater - scraper (use a teaspoon to play it like a guiro)
★ Salt Cellar - shaker
★ Washing up bowl - bass drum



Or you could try other household objects that make cool sounds…





Now you can write a kitchen composition of your own. Maybe you can do a cover of your favourite pop song on pots and pans, or maybe you want to write your own tune!

My kitchen composition: _____ (title)

By: _____ (your name)

Do let us know how you get on! Share with us at office@nmpat.co.uk

