

CREATIVE IDEAS FOR DEVELOPING DANCE

EYFS: TEDDY BEARS' PICNIC



Read the story *'The Winter Picnic'* by Jane Hissey and talk about what happens. Discuss the things that they would take on a picnic.

Play follow-the-leader and model with the teacher at the front. Introduce some of the things the children may see or meet on their way to the picnic. **Tall trees:** walk on tiptoes, **a stream:** splash through water, **a hollow tree trunk:** crawl through, **a gate:** jump over. Practise with a friend; take turns to be the leader.

Arrive at the picnic and discuss what they would eat or drink. **Fizzy pop:** move around the room with small jumps, **ice-cream:** try different frozen shapes that melt, **sticky cake:** hands sticking to body parts.

Try each of the different foods: encourage the children to think of other treats and make up actions to go with them.

At the end of the picnic, try tired walks home and a sleeping position.

KS1: CHOCOLATE CAPERS



Talk about special occasions and how we often eat chocolates. Bring in a box of chocolates, ask the children: what's in the box?

Look inside and look at the names of the chocolates on the description sheet. Ask what their favourite chocolate is called. Pretend you are eating it, how does it taste and feel?

In our dance we are going to turn into chocolates!

Try some chocolate movements together. **Hazelnut whirl:** swirl and turn from high to low, **Nutty cluster:** curl in and open with small sharp actions of arms and legs, **Hard caramel:** strong punches with hands, **Strawberry cream:** make a heart shape with your body and slowly melt to the floor.

Now try to make an action for your favourite chocolate. Share your actions with a partner. Copy each other's actions.

Now let's make a chocolate box, choose a place to stand. Crouch in your box and when the music starts rise out of the box and become all the different chocolates.

CREATIVE LINKS TO THE EYFS HOLISTIC CURRICULUM

UNDERSTANDING THE WORLD

Plan a Teddy Bears' picnic, featuring healthy snacks. Choose ingredients and plan a shopping trip with the children. Prepare and perhaps cook picnic food together: don't forget to bring your teddies!

LITERACY

Read *'The Winter Picnic'* by Jane Hissey, featuring much-loved characters such as old Bear and Little Bear.



EXPRESSIVE ART AND DESIGN - MUSIC

Sing *'Let's have a picnic'* from the Sing Up Song Bank and accompany the singing with improvised shaker rhythms using individual cereal packets.

CREATIVE LINKS TO THE KS1 CURRICULUM

PSHE - HEALTHY EATING

Plan a healthy picnic and invite local residents or parents to attend. Organise the shopping to match an agreed budget and include savoury and sweet items.

ART AND DESIGN



Design and colour paper place mats with matching 'sleeves' for paper drink beakers. Potato-print an old sheet for an eye-catching table cloth.

LITERACY

Write, decorate and address invitations to send to your picnic guests.